

Project Excel

Team Building Experiential Challenges

The Scoop

Participants are challenged with a series of initiatives throughout this program. Initiatives are specifically chosen to encourage the group to move beyond their "comfort zone" and explore current "ways of working" needed to be addressed or tweaked to increase an individuals or a teams success in the workplace. Participants are encouraged to join in discussion pertaining to their current work environment and collaborate on solutions or changes to be applied throughout the program.

What are some areas of focus?

- Reviewing/learning team competencies:
- Building trust
- Develop communication skills
- Strategic thinking and execution
- Goal setting
- Collaboration

Is this activity very physical?

- This activity can be as physical (or not) as you want it to be. We encourage everyone on the entire team to participate. Participants can opt in or out as needed within any given challenge.

How many people can participate?

- Ranges from 10 – 100 people

How long is this activity?

- Depending on the desired outcomes, this activity can last from 90-120 minutes to a full day

Indoors or out? How much space do we need?

- We can accommodate both assuming the rooms as large enough to move about in

A sampling of the activities available:

ZOOM

Zoom is an intriguing wordless picture book by *Istvan Banyai*, which consists of sequential "pictures within pictures". This popular, engaging group problem solving and communication exercise challenges participants to create a unified story from the series of sequential pictures.

CYCLE TIME PUZZLE

An intense challenge that thoroughly tests a group's ability to solve complex problems. Participants examine a diagram and are challenged to replicate it using the custom-made, wooden puzzle pieces. At first, the task seems simple; as the group proceeds, participants discover that the task requires much more than just assembling the boards to match the diagram. To achieve a successful outcome with this activity, a group will experience a high level of teamwork.

TRANSFER OF KNOWLEDGE

This problem-solving initiative requires participants retrieve or transfer the "Knowledge" using only the props provided.

GETTING THE PRODUCT IN THE PIPELINE

A fast-paced activity that employs physical coordination, team cooperation, communication and planning. This lively and thought-provoking activity involves the movement of assorted balls and objects from a starting point to the delivery container.

KAIZEN

Your group must physically touch all 30 spots in a numbered sequence within a specified time. The groups compete with each other to achieve "constant improvement".

ON TARGET

This fast paced, high-energy activity involves communication, teamwork, and planning skills. Each member of the team is active and essential, as the activity requires many roles-from ball chasers and ball tossers to human backboards.